

BEACHCOMBERS ACADEMY AND LITTLE OYSTERS PRESCHOOL

DAILY HEALTH CHECK

(updated Feb. 18, 2021)

1. Do you have any of the following symptoms?	Circle One	
- Fever higher than 38 C	YES	NO
- Chills	YES	NO
- Cough or worsening of chronic cough	YES	NO
- Difficulty breathing	YES	NO
- Loss of sense of smell or taste	YES	NO

If you answered “YES” to ONE or more of the symptom questions above, stay home and get a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If you are unable to seek a health assessment, you may determine if testing is required by using the COVID-19 Self-Assessment Tool

<https://www.k12dailycheck.gov.bc.ca/healthcheck?execution=e1s6>

OR:

1. Do you have any of the following symptoms?	Circle One	
- Sore throat	YES	NO
- Loss of appetite	YES	NO
- Extreme fatigue	YES	NO
- Headaches	YES	NO
- Body aches	YES	NO
- Nausea or vomiting	YES	NO
- Diarrhea	YES	NO

If you answered “YES” to ONE of the symptom questions above, stay home until you feel better.

If you answered “YES” to TWO or more of the symptom questions listed above, stay home for 24 hours. If symptoms don't get better or get worse, get a health assessment; contact a health care provider or 8-1-1 about your symptoms and next steps.

International Travel and Confirmed Contacts:		Circle One	
2. International Travel	Have you returned from travel outside Canada in the last 14 days?	YES Self-quarantine for 14 days is mandatory for all international travelers returning to B.C.	NO
3. Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES If you are a confirmed close contact of a person confirmed to have COVID-19, you must follow the instructions provided by Public Health	NO

When a **COVID-19 test** is recommended by the health assessment or Self-Assessment tool:

- If the COVID-19 test is **positive**, stay home until you are told by public health to end self-isolation. In most cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.

- If the COVID-19 test is **negative**, you can return to school once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.

If a COVID-19 **test is recommended but is not done** because you choose not to have the test, or you do not seek a health assessment when recommended, and your symptoms are not related to a previously diagnosed health condition, stay home from school until 10 days after the onset of symptoms, and then you may return if you are feeling well enough.

If a COVID-19 **test is not recommended** by the health assessment or the self-assessment tool, you can return to school when symptoms improve and you feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

A health-care provider note (i.e. a doctor’s note) is not required to confirm the health status of any individual.



COVID-19 HEALTH AGREEMENT (up-dated Feb. 18, 2021)

(COVID-19 Health Requirements and Sign-off)

In preparing for a return to programming at Beachcombers Academy and Little Oysters Preschool, we have followed the guidance of BCCDC, WorkSafe BC, Health Canada, Island Health, and the BC Ministries of Education, and Children and Family Development to develop our *COVID-19 Safety Plan*.

Here are some key components of our plan that you will need to know and understand before your child returns to Beachcombers:

1. You will need to conduct a **Health Check with your child each morning**, prior to attending school.
2. **Staff and students showing symptoms of COVID-19 will be prohibited from entering Beachcombers.** This applies to: anyone with symptoms of COVID-19 as listed on the *Daily Health Check*; anyone directed by Public Health to self-isolate; anyone who has arrived from outside of Canada or who has had contact with a confirmed COVID-19 case (must self-isolate for 14 days and monitor for symptoms).
3. **If your child becomes ill while at the facility**, you will be called and will make arrangements for them to be **picked up right away**.
4. **Parents/Guardians will stay outside of the building** when you arrive for pick-up and drop-off times. Please stagger your entry into the school grounds to maintain physical distancing. Students will put away their backpacks, lunch kits, etc. and gather them at the end of the day. Parents may make a scheduled appointment to speak with a staff member, and will don a mask when in the facility.

Read and understood:

Child(ren)'s name(s): _____

Parent/Guardian Signature: _____

Date: _____